

# IT'S STILL SUMMER

Keep the grill going and the good food flowing with 80% lean ground beef burgers and freshly made deli sides.



Really BIG DEAL

80% LEAN 20% FAT  
GROUND BEEF

**\$4.99**  
lb  
SAVE \$2lb

Really BIG DEALS

## BULK ORGANIC SEEDLESS GRAPES

Sweet, juicy, and perfectly snackable. From Sun Pacific in Bakersfield, CA.

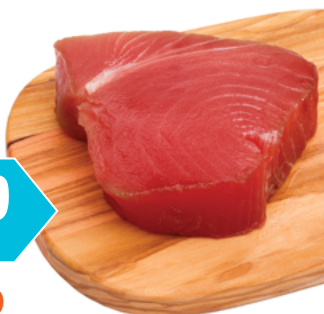


**\$3.99**  
lb

SAVE \$1lb

## AHI TUNA STEAKS

Sustainably line-caught and great pan-seared or grilled. Previously frozen.



**\$12.99**  
lb

SAVE \$5lb

SUMMER OF SCAMPS

**50%**  
off

**TILLAMOOK + OATLY**

Exclusions apply. Limited to stock on hand or while supplies last. Selection varies by location.

**25%**  
off  
**SELECT DELI SALADS**

Red Potato Salad with Dill  
Deli Macaroni Salad  
Summer Veggie Slaw with Corn

## POLAR SPARKLING SELTZER WATER

Assorted Varieties  
8pk/12oz



**4 for \$10**

SAVE \$2.99ea

## RAINIER BEER 18-PACK CANS

A satisfying brew with malty, slightly fruity flavors spiced with Chinook, Mt. Hood, and Willamette hops.  
18pk/12oz



**\$12.99**  
ea

SAVE \$9ea

Want to have weekly deals delivered to your inbox? Just sign up for email updates at [newseasonsmarket.com/join](http://newseasonsmarket.com/join)  
Visit us online at [www.newseasonsmarket.com](http://www.newseasonsmarket.com)

# WHAT WE'RE loving

## Overjoy Non-Alcoholic Wines

The quality, variety, and craftsmanship in non-alcoholic wines have never been better—and we're here for it. That's why New Seasons has partnered with Scotto Cellars to bring you Overjoy Non-Alcoholic Sauvignon Blanc, Cabernet Sauvignon, and Sparkling wine, crafted for exceptional flavor and value—whether you're enjoying a casual evening or celebrating with friends and family.

And they're available only at your neighborhood New Seasons Market. Cheers!



## WHOLE COHO SALMON PRE-SALE

Reserve your whole Coho online and get 10% off the sale price.

Preorder now at [newseasonsmarket.com/coho](https://newseasonsmarket.com/coho) pick up September 6-7

We'll cut and wrap it any way you like.

### FLORAL

#### LOCAL MIXED MARIGOLD BUNCH

PNW LOCAL

All your favorite varieties in one lush, local bunch.



**\$12<sup>99</sup>**  
ea  
SAVE \$2ea

### MEAT & SEAFOOD

#### NEW SEASONS PORK BRATWURST SAUSAGE LINKS

Grill-ready links with no added fillers or antibiotics ever.



**\$6<sup>99</sup>**  
lb  
SAVE \$1lb



#### Snake River Farms GOURMET WAGYU FRANKFURTERS

100% American Wagyu beef with bold spices and a satisfying snap. 16oz



**\$9<sup>99</sup>**  
ea  
SAVE \$2ea

#### NEW SEASONS HOUSE-MADE BURGERS

House-made burger patties prepped and ready for the grill. Flavors may vary by location.



Starting at:  
**\$3<sup>50</sup>**  
ea  
FEATURED

#### NEW SEASONS WILD-CAUGHT SALMON BURGERS

Mixed in-house with veggies and the perfect blend of seasonings. Flavors may vary by location.



**2 for \$6**  
SAVE 99¢ea

#### NEW SEASONS AHI TUNA SKEWERS

Sustainably line-caught Ahi dressed in one of our house marinades and ready for the grill.



**\$15<sup>99</sup>**  
lb  
SAVE \$3lb

### LOCAL PRODUCE

#### LOCAL SWEET CORN

PNW LOCAL

Sweet, crisp, and great on the grill. From Stadelman Valley Farms in Hillsboro, OR.



**5 for \$5**  
SAVE 50¢ea

#### ORGANIC BASIL

Ready for your summer salads, pizzas, and pesto! From Ratto Farms in Aurora, OR. 2oz



**\$3<sup>99</sup>**  
ea  
SAVE \$1ea

PNW LOCAL

#### ORGANIC DRY FARM TOMATOES

These flavorful tomatoes make for a tasty BLT! From Siri & Sons Farms in St. Paul, OR.



**\$4<sup>99</sup>**  
lb  
SAVE \$1lb

PNW LOCAL

## BAKERY & CHEESE

### BAKERLY BRIOCHE BUNS

Sweet, buttery, and ready to elevate any burger or hot dog. Try our tuxedo blend with sesame seeds!

4 or 6ct



**\$4<sup>99</sup>**  
ea

SAVE \$1ea

### CORO FOODS SLICED SALAMI

Uniquely delicious salami crafted using all-natural ingredients. Perfect for charcuterie boards and sandwiches.

3oz



BUY 1 GET 1  
**FREE**

SAVE \$6.99 ON 2

PNW  
LOCAL

### NEW SEASONS BBQ BEEF AND PORK MEATBALLS

A bite-sized take on our beef and pork meatballs in a smoky chipotle BBQ sauce.



**\$14<sup>99</sup>**  
lb

SAVE \$1lb

### TRUE STORY FOODS HERBED CHICKEN BREAST

Great for healthy snacking, wraps, or sandwiches.



**\$15<sup>99</sup>**  
lb

SAVE \$2lb

### SCHWARTZ BROTHERS BAKERY SHORTCAKE SWEET BISCUITS

Buttery, tender shortcakes with a crunchy sugar top.

4ct



**\$5<sup>99</sup>**  
ea

SAVE \$3ea

PNW  
LOCAL

### DIVINA OLIVE AND ANTIPASTI CUPS

Ready to take along to your next outdoor adventure or backyard gathering. Select varieties on sale this week.

4.9-7.8oz



**\$6<sup>99</sup>**  
ea

SAVE \$1ea

### ORIGAMI CATERING CALIFORNIA ROLL

Featuring sustainably sourced surimi, avocado, and English cucumber rolled with toasted sesame seeds.



**\$8<sup>99</sup>**  
ea

SAVE \$1ea

PNW  
LOCAL

### NEW SEASONS SELECT DELI SIDES

Choose from Red Potato Salad with Dill, Deli Macaroni Salad, or Summer Vegetable Slaw with Corn.



**25%**  
off

## BEER & WINE

### OVERJOY WHITE AND ROSÉ SELECTIONS

Perfect for Labor Day gatherings—explore the exclusive lineup of crisp whites and refreshing rosés. Only at NSM.

750ml

Starting at:

**\$12<sup>99</sup>**  
ea

SAVE \$2ea



ONLY AT  
NSM

### BOTA BOX BOXED WINES

Great for gatherings or everyday sipping. Bota Box 3-Liter wines deliver standout quality and unbeatable value.

3L



**\$18<sup>99</sup>**  
ea

SAVE \$4ea

### WHITE CLAW HARD SELTZER VARIETY PACKS

Clean, crisp, and effervescent hard seltzers with a twist of natural fresh fruit flavor. Selection may vary by store.

12pk/12oz



**\$19<sup>99</sup>**  
ea

FEATURED

## BACK TO BUSY? WE'VE GOT YOU.

Save time by shopping online and get the same great prices you find in-store—plus free delivery or pickup on orders \$35+ with code

**EASYDELIVER25.**

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**Instacart**

Terms apply.

### WILD HILLS PINOT GRIS AND PINOT NOIR

Exceptional Willamette Valley wines. Choose from silky Pinot Noir with red berry and subtle earth notes and lively Pinot Gris showing vibrant citrus with a hint of minerality.

750ml



**\$13<sup>99</sup>**  
ea

SAVE UP TO \$6ea

PNW  
LOCAL

### FLYING FEET CABERNET SAUVIGNON AND CHARDONNAY

Perfectly balanced wines with ripe fruit flavor and a smooth finish.

750ml



**\$7<sup>99</sup>**  
ea

SAVE \$5ea

ONLY AT  
NSM

### ECLIPTIC BREWING SELECT 6-PACKS

These exceptional brews from local craft-brew icon John Harris are consistently great-tasting. Try the Starburst IPA with soaring hop flavor and a super clean finish.

6pk/12oz



**\$11<sup>99</sup>**  
ea

SAVE \$3ea

PNW  
LOCAL

## DON'T MISS THIS OFFER!

Neighbor Rewards members opted into email or text get 30% off fresh, unprepared chicken in the meat department\*.

Join or sign up by Thursday at [newseasonsmarket.com/rewards](https://newseasonsmarket.com/rewards) for this exclusive member offer on Friday.

\*Offer does not include skewers, prepared mixes, frozen chicken, or cooked rotisserie chicken.



# WELLNESS

## CHILDLIFE ESSENTIALS

### BERRY VITAMIN D3 DROPS

Great tasting, all-natural support for optimal growth and immune system function in infants, children, and teens.

1oz

**\$6<sup>49</sup>**  
ea

SAVE \$3.50ea



## GOOD DAY CHOCOLATE

### SLEEP AND CALM FOR KIDS CHOCOLATE SUPPLEMENTS

Delicious milk chocolate supplements that help support restful sleep and relaxation.

50ct

**\$11<sup>99</sup>**  
ea

SAVE \$8ea



## SMARTYPANTS

### KIDS ORGANIC MULTI & OMEGAS

Multivitamin gummies for kids with omega-3 fatty acids from wild-caught fish. Save on select gummies for kids and toddlers.

120ct

**\$21<sup>99</sup>**  
ea

SAVE \$10ea



## NOW FOODS

### MELATONIN 1MG

Helps to improve sleep quality and support a healthy sleep/wake cycle.

100tab

**\$8<sup>99</sup>**  
ea

SAVE \$3ea



## BLOOM

### CRANBERRY + D-MANNOSE

A dual-action formula to support urinary tract health.

60vc

**\$16<sup>99</sup>**  
ea

SAVE \$5ea



## NATURAL FACTORS

### C 500MG FRUIT CHEWS

A delicious way to get your daily dose of vitamin C. Save on select flavors.

90tab

**\$12<sup>49</sup>**  
ea

SAVE \$2.50ea



## BEEKEEPER'S NATURALS

### KID'S THROAT SOOTHING LOLLIPOPS

Propolis, vitamin D, and zinc to help soothe scratchy throats.

15ct

**\$8<sup>49</sup>**  
ea

SAVE \$3.50ea



## RADIUS

### TOTZ TOOTHBRUSH

Soft, vegetable-derived bristles designed for delicate teeth and gums.

**\$4<sup>29</sup>**  
ea

SAVE 70¢ea



## AURA CACIA

### SELECT BATH SALTS

Relax and de-stress with savings on select mineral, fizzy, and foaming bath salts.

2.5oz

**\$2<sup>79</sup>**  
ea

SAVE \$1.20ea



## EO PRODUCTS

### LAVENDER HAND SANITIZER WIPES

Made with pure lavender essential oil. Save on lavender sanitizer spray as well.

10ct

**\$3<sup>49</sup>**  
ea

SAVE \$1.50ea



# GROCERY

## TILLAMOOK ICE CREAM

Assorted Varieties

NOW:

**\$2<sup>49</sup>-**  
**\$3<sup>99</sup>**  
ea

WITH 50% DISCOUNT

SUMMER  
OF  
SCOOPS



## BEN & JERRY'S ICE CREAM

Selected Varieties

**20%**  
off



## VEGGIES MADE GREAT

### FROZEN MUFFINS OR FRITTATAS

Assorted Varieties

**20%**  
off



## BEYOND MEAT

### PLANT-BASED CHICKEN OR BAKES

Selected Varieties

**20%**  
off



## OATLY NON-DAIRY FROZEN DESSERTS

Assorted Varieties

NOW:

**\$2<sup>99</sup>-**  
**\$4<sup>34</sup>**  
ea

WITH 50% DISCOUNT

SUMMER  
OF  
SCOOPS



## GOODPOP FROZEN POPS

Selected Varieties

**20%**  
off



## EVOL FROZEN BURRITOS AND ENTREES

Selected Varieties

**20%**  
off



## STAHLBUSH ISLAND FARMS FROZEN FRUIT AND VEGETABLES

Selected Varieties

**20%**  
off



## HOME GOODS & GROCERY

### STASHER PREMIUM SILICONE FOOD STORAGE

Eco-friendly storage solutions for leftovers, lunches, and summer adventures.



**20% off**

### BARBARA'S CHEESE PUFFS

Assorted Varieties  
5.5-7oz

**\$3<sup>99</sup> ea**  
**SAVE 60¢ea**



### REFRESHINGLY DELICIOUS

From weekend mixers to everyday refreshment, Fever-Tree's ginger beer, tonic, and sparkling water deliver clean, vibrant flavor—without any artificial sweeteners or colors.

### FEVER-TREE PREMIUM DRINK MIXERS

Selected Varieties  
8pk/5.07oz

**\$6<sup>99</sup> ea**  
**SAVE \$2ea**



### THE GOOD CRISP COMPANY POTATO CRISPS

Selected Varieties  
5.6oz

**\$3<sup>99</sup> ea**  
**SAVE 60¢ea**



### GARDEN OF EATIN' ORGANIC TORTILLA CHIPS

Assorted Varieties  
14oz

**\$5<sup>99</sup> ea**  
**SAVE \$2ea**



### YACHAK ORGANIC PLANT-BASED ENERGY TEA

Assorted Varieties  
16oz

**2 for \$4**  
**SAVE 99¢ea**



### SAMBAZON AMAZON ENERGY DRINK

Selected Varieties  
12oz

**2 for \$4**  
**SAVE \$1.29ea**



### RXBAR PROTEIN BAR

Selected Varieties  
1.83oz

**2 for \$4**  
**SAVE 59¢ea**



### LOCKER QUADRATINI WAFER COOKIES

Assorted Varieties  
7.76-8.82oz

**BUY 1 GET 1  
FREE**  
**SAVE \$6.19 ON 2**



### LEMON PERFECT HYDRATING LEMON WATER

Assorted Varieties  
15.2oz

**\$1<sup>79</sup> ea**  
**SAVE 80¢ea**



### CALI WATER CACTUS WATER

Assorted Varieties  
12oz

**2 for \$4**  
**SAVE 79¢ea**



### ALTER ECO ORGANIC CHOCOLATE

Selected Varieties

**33% off**



### BACK TO NATURE CRACKERS

Selected Varieties  
4-7oz

**2 for \$7**  
**SAVE UP TO \$1.99ea**



### GOMACRO ORGANIC MACROBARS

Selected Varieties  
2-2.4oz

**2 for \$5**  
**SAVE 69¢ea**



### IZZE SPARKLING JUICE BEVERAGES

Selected Varieties  
6pk/8.4oz

**\$6<sup>99</sup> ea**  
**SAVE \$1ea**



## BULK

### FRONTIER CO-OP SPICES AND SEASONINGS

Selected Varieties

**20% off**



### HUMMINGBIRD WHOLESALE ORGANIC POPCORN

Assorted Varieties

**\$2<sup>49</sup> lb**  
**SAVE 50¢lb**



**PNW  
LOCAL**

### EQUAL EXCHANGE PECAN HALVES

**\$14<sup>99</sup> lb**  
**SAVE \$1lb**



**PNW  
LOCAL**

### HUMMINGBIRD WHOLESALE LARGE FLAKE NUTRITIONAL YEAST

**\$17<sup>99</sup> lb**  
**SAVE \$2lb**



**PNW  
LOCAL**

# GROCERY

**SISTERS COFFEE CO.  
COFFEE**  
Selected Varieties  
12oz

PNW  
LOCAL



**\$12<sup>99</sup>**  
ea  
**SAVE \$5ea**

**ORGANIC INDIA  
TULSI TEA**  
Selected Varieties  
18ct



**\$4<sup>99</sup>**  
ea  
**SAVE \$2ea**

**PLANET OAT  
OATMILK**  
Selected Varieties  
32oz



**2 for \$6**  
**SAVE UP TO \$1.29ea**

**TORANI  
PUREMADE  
DESSERT SAUCE**  
Selected Varieties  
16.5oz



**\$5<sup>99</sup>**  
ea  
**SAVE UP TO \$2.40ea**

**PURELY ELIZABETH  
GRANOLA, OATS  
AND CEREAL**  
Selected Varieties



**30%  
off**

**CATALINA CRUNCH  
CEREAL AND SNACKS**  
Selected Varieties



**20%  
off**

**NATURE'S PATH ORGANIC  
TOASTER PASTRIES**  
Assorted Varieties  
11oz



**\$3<sup>99</sup>**  
ea  
**SAVE \$2ea**

**MADEGOOD  
ORGANIC BARS**  
Selected Varieties  
5-6ct



**\$3<sup>99</sup>**  
ea  
**SAVE UP TO \$2.30ea**

**YUMEARTH  
ORGANIC FRUIT  
SNACKS**  
Selected Varieties  
5ct



**\$5<sup>99</sup>**  
ea  
**SAVE \$2ea**

**CROFTER'S ORGANIC  
FRUIT SPREAD**  
Assorted Varieties  
10oz



**\$3<sup>99</sup>**  
ea  
**SAVE \$1.70ea**

**JUSTIN'S  
CRUNCHY CLASSIC  
PEANUT BUTTER**  
16oz



**\$4<sup>99</sup>**  
ea  
**SAVE \$2ea**

**SOUTH FORTY SNACK COMPANY  
FRUIT OR NUT BAR**  
Assorted Varieties



**50%  
off**

**GONANAS  
BANANA BREAD MIX**  
Assorted Varieties  
8.95-12.4oz



**\$6<sup>99</sup>**  
ea  
**SAVE \$1ea**

**ALESSI  
THIN BREADSTICKS**  
Assorted Varieties  
3-4.4oz



**2 for \$5**  
**SAVE 69¢ea**

**4SISTERS  
RICE**  
Assorted Varieties  
8.5oz



**\$2<sup>99</sup>**  
ea  
**SAVE 70¢ea**

**RANDY'S ARTISANAL  
GOURMET PICKLES**  
Assorted Varieties  
24oz



**\$7<sup>99</sup>**  
ea  
**SAVE \$2ea**

**IMMI  
PLANT-BASED RAMEN  
SOUP**  
Assorted Varieties  
2.4-2.43oz



**\$4<sup>99</sup>**  
ea  
**SAVE 70¢ea**

**NAPOLEON  
ORGANIC EXTRA  
VIRGIN OLIVE OIL**  
16.9oz

PNW  
LOCAL



**\$14<sup>99</sup>**  
ea  
**SAVE \$3ea**

**CHOSEN FOODS  
AVOCADO OILS  
AND CONDIMENTS**  
Selected Varieties



**20%  
off**

**CABOO  
BAMBOO PAPER  
NAPKINS**  
250ct



**\$3<sup>99</sup>**  
ea  
**SAVE \$1ea**

## GROCERY

**50% off**  
**TILLAMOOK  
+ OATLY**

**SUMMER  
OF  
SCOOPS**

Exclusions apply. Limited to stock on hand or while supplies last. Selection varies by location.

### ESSENTIAL EVERYDAY SHREDDED OR SLICED CHEESE

Selected  
Varieties  
6-8oz



**\$2.99**  
ea

**SAVE \$1.20ea**

### TILLAMOOK CHEESE BABY LOAF

Selected  
Varieties  
2lb



**\$10.99**  
ea

**SAVE \$4ea**

### NEW SEASONS BUTTER

Made with rBST-free milk  
by Larsen's Creamery in  
Clackamas, OR. Salted  
or Unsalted.  
1lb



**\$4.19**  
ea

**EVERYDAY VALUE**

### CALIFIA FARMS PLANT-BASED MILK

Selected Varieties  
48oz



**\$3.99**  
ea

**SAVE \$1.20ea**

### ELLENOS GREEK YOGURT

Selected Varieties  
5.3oz



**3 for \$6**

**SAVE \$1.39ea**

**PNW  
LOCAL**

### DAISY BRAND SQUEEZE SOUR CREAM

Regular or Light.  
14oz



**\$2.79**  
ea

**SAVE \$1ea**

### CEDAR'S ORGANIC HOMMUS

Selected  
Varieties  
10oz



**BUY 1 GET 1  
FREE**

**SAVE \$4.69 ON 2**

### DE CASA FINE FOODS ORGANIC SALSA

Selected Varieties  
14-14.5oz



**\$3.99**  
ea

**SAVE UP TO \$1.20ea**

**PNW  
LOCAL**

### BITCHIN' SAUCE VEGAN DIP

Selected Varieties  
7-8oz



**BUY 1 GET 1  
FREE**

**SAVE \$6.99 ON 2**

### WTRMLN HYDRATING BEVERAGE

Selected Varieties  
12oz



**\$3.99**  
ea

**SAVE UP TO \$1ea**

## DOWNLOAD OUR APP!

**Want to save time?  
Money? Both?  
We've got you!**

Our app makes it easier than ever  
to quickly order your groceries for  
pickup or delivery.

Get FREE pickup\* anytime you  
order \$35 or more online.

\*Pickup not  
available at all stores.



### FRANZ PREMIUM ROLLS

Selected Varieties  
6ct



**\$3.99**  
ea

**SAVE \$2ea**

**PNW  
LOCAL**

### HEALTH-ADE ORGANIC KOMBUCHA

Selected Varieties  
16oz



**BUY 2 GET 1  
FREE**

**SAVE \$3.99 ON 3**

Available  
in-store only

### LA COLOMBE COFFEE ROASTERS DRAFT LATTE

Selected Varieties  
9oz



**BUY 2 GET 1  
FREE**

**SAVE \$4.79 ON 3**

Available  
in-store only

### NAKED BREAD ORGANIC BUNS

Hamburger or Hot Dog.  
8ct



**\$3.99**  
ea

**SAVE \$3.50ea**

**PNW  
LOCAL**

## BEYOND DELICIOUS

Fire up the grill and veg out with  
Beyond Meat® plant-based  
sausage links. With over 17  
grams of plant protein, these  
crowd-pleasers come in a variety  
of flavors—with no GMOs,  
cholesterol, added hormones  
or antibiotics.



### BEYOND MEAT PLANT-BASED SAUSAGE

Selected Varieties  
10.6-14oz

**\$7.99**  
ea

**SAVE \$3.60ea**