

# BLOOM BIG FOR MOM

Make Mother's Day extra special with rainbow roses, local blooms, New Seasons exclusives, and more.

**RAINBOW ROSE BUNCH**  
15-stem bunch.

**\$39<sup>99</sup> ea**  
**FEATURED**

## Really BIG DEALS

### MARY'S BONELESS SKINLESS CHICKEN BREASTS

Humanely raised with no antibiotics ever.

**\$5<sup>99</sup> lb**

**SAVE \$2lb**

### ASPARAGUS

Tender, vibrant, and peak-season delicious. From Yakima Nation Farms in Yakima, WA.

PNW LOCAL

**\$3<sup>99</sup> lb**

**SAVE \$1lb**

### STUMPTOWN COFFEE ROASTERS COFFEE

Selected Varieties  
12oz

PNW LOCAL

**\$13<sup>99</sup> ea**

**SAVE \$4ea**

### FAGE TOTAL GREEK YOGURT

Assorted Varieties  
32oz

**\$4<sup>99</sup> ea**

**SAVE UP TO \$2.50ea**

### TALENTI GELATO AND SORBETTO

Selected Varieties  
10.3-16oz

**BUY 1 GET 1 FREE**

**SAVE \$7.99 ON 2**

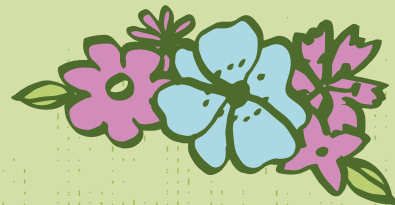
**20% off**  
**NEW SEASONS QUICHE**

Lorraine or Broccoli Cheddar  
While supplies last.



# WHAT WE'RE loving

Celebrating Mother's Day with rainbow roses, brunch favorites, mimosa-ready bubbles, and more special treats.



## EXCLUSIVE MOTHER'S DAY BOUQUETS

Choose from four striking bouquets for Mother's Day.

ONLY AT NSM



## 3" ORCHID

Give Mom the gift that keeps on growing with a beautiful orchid.



**\$14<sup>99</sup>**  
ea

SAVE \$2ea



## BELLA NOTTE PROSECCO OR ROSE BRUT

Juicy and vibrant bubbles from Italy. Perfect as an evening sipper or for brunch mimosas on Mother's Day. Only at NSM.

750ml

**\$12<sup>99</sup>**  
ea

SAVE \$2ea



ONLY AT NSM

## YAKOBI FISHERIES COHO SALMON FILLET

Wild-caught during the peak of season and frozen immediately to retain its fresh flavor.



**\$19<sup>99</sup>**  
lb

SAVE \$2lb



## NEW SEASONS SALMON CAKES

Made in-house with wild-caught salmon, fresh herbs, and veggies. Ready to cook.



**\$3<sup>99</sup>**  
ea

SAVE \$1ea



## HOKKAIDO SEA SCALLOPS U-15 COUNT

Sweet, tender, and rich in flavor, Hokkaido scallops are perfect for a quick, decadent meal or special treat.



**\$34<sup>99</sup>**  
lb

SAVE \$7lb



## ACME SMOKED FISH SESAME CRUSTED SMOKED AHI TUNA

Wild-caught Ahi tuna, cured and cold-smoked to perfection. Delicious in salads, grain bowls, or on its own.

3oz

**\$7<sup>99</sup>**  
ea

SAVE \$2ea



## NEW SEASONS QUICHE

Swing by our grab & go case for your choice of classic Quiche Lorraine or Broccoli Cheddar in an all-butter crust.



**20%**  
off

## NEW SEASONS SPINACH FETA RISOTTO CAKE

Delicious savory cakes made with Arborio rice, fresh spinach, and feta cheese.

**\$4<sup>49</sup>**  
ea

SAVE 30°ea



## NEW SEASONS SALMON WITH SPRING ONIONS

Salmon baked with thinly sliced spring onions and herbs.



**\$22<sup>99</sup>**  
lb

SAVE \$1lb



## D'AMIR BRIE

Creamy, decadent Brie. Bake and serve with fig spread and hazelnuts for a simple, crowd-pleasing appetizer.



**\$11<sup>99</sup>**  
lb

SAVE \$1lb



## STRAWBERRY PINTS

Sweet, juicy, and ready for your smoothies, snack plates, and bakes. From Bluff Berry Farm in Boring, OR.

PNW LOCAL



**\$5<sup>99</sup>**  
ea

FEATURED



## ORGANIC MINI SEEDLESS WATERMELON

A sweet addition to light, springy salads. From Dulcinea Farms in Fresno, CA.



**\$5<sup>99</sup>**  
ea

SAVE \$3ea



## NEW SEASONS ORGANIC CHALLAH

Baked fresh daily by our talented bakers, this soft and slightly sweet bread is ideal for Sunday morning French toast.

**\$5<sup>99</sup>**  
ea

SAVE \$1ea



## DIVINA JAMS AND SPREADS

Packed full of flavor and ready to add to your next cheese board or sandwich.

7.6-9oz

**\$5<sup>99</sup>**  
ea

SAVE \$1ea



## BAKERY & PREPARED FOODS

### DRAGONFLY CAKES TEA CAKES

Treat Mom to these delicious two-bite tea cakes dipped in decadent chocolate.



**2 for \$5**

**SAVE 50¢ea**

**PNW  
LOCAL**

### NEW SEASONS KALE CARROT SALAD

A blast from the past, featuring shredded kale, carrot, and sunflower seeds in a creamy ginger dressing.



**\$10<sup>99</sup><sub>lb</sub>**

**SAVE \$2lb**

### MOLINARI TOSCANO SALAMI

A coarsely ground, Tuscan-style pork salami with robust, savory flavors. Perfect for charcuterie boards. Sliced to order.



**\$16<sup>99</sup><sub>lb</sub>**

**SAVE \$1lb**

## GET 20% OFF HANGING BASKETS

Neighbor Rewards members opted into email or text get 20% off a purchase of two or more hanging baskets—perfect for Mother's Day!

Join or sign up by Thursday at [newseasonsmarket.com/rewards](https://newseasonsmarket.com/rewards) for this sweet exclusive member offer on Friday.



## MEAT & PRODUCE

### COUNTRY NATURAL BEEF BEEF CHUCK ROAST

USDA Choice, humanely raised beef with no added hormones, and no antibiotics ever.



**\$9<sup>99</sup><sub>lb</sub>**

**FEATURED**

### NEW SEASONS PARMESAN CHICKEN BREASTS

Made in-house and ready to bake or fry for a quick and tasty meal.



**\$10<sup>99</sup><sub>lb</sub>**

**SAVE \$1lb**

### ORGANIC BROCCOLINI

Excellent sautéed with garlic and finished with a squeeze of lemon. From Lakeside Organics in Watsonville, CA.



**\$2<sup>99</sup><sub>ea</sub>**

**SAVE \$1ea**

**IT SAVES  
TO SHOP  
ONLINE!**

Get everything you love in-store—without the lines.

Use code

**DELIVER4YOU**

for FREE pickup or delivery!

[shop.newseasonsmarket.com](https://shop.newseasonsmarket.com)

Powered by **instacart**

\*Terms apply. Free pickup on orders of \$35+.

## BEER & WINE

### STOLLER FAMILY ESTATE CHARDONNAY

Bright and expressive, with notes of crisp apple, green pear, and lemon curd. A silky texture and citrusy acidity lead to a floral finish. 750ml



**IT'S  
NEW!**

**PNW  
LOCAL**

**\$19<sup>99</sup><sub>ea</sub>**

**SAVE \$12ea**

### FINNRIVER CIDERY BLOOM OR BLUSH BERRY CIDERS

Inspired by rosé, these local ciders celebrate the vibrant spring and summer fruits of the Pacific Northwest. 16oz



**IT'S  
NEW!**

**PNW  
LOCAL**

**2 for \$12**

**SAVE 99¢ea**

### TIMOTHY MALONE WINES PRIMITIVO ROSÉ

A bright and dry rosé with zippy acidity and notes of blackberry, blueberry, and lemon rind. Only at NSM. 750ml



**IT'S  
NEW!**

**ONLY AT  
NSM**

**\$13<sup>99</sup><sub>ea</sub>**

**SAVE \$1ea**

**PRE-SHOP OUR ANNUAL  
SPRING WINE SALE!**

**30%<sub>off</sub> 12+ BOTTLES 20%<sub>off</sub> 6-11 BOTTLES**

Pre-order in store now through May 13, for pick-up during our sale May 14 – 20.

Additional discount available during sale period only. No additional discounts. Selection may vary by location. Offer available in-store only.



## WELLNESS

### WYLD CBD CBD GUMMIES

Real fruit-infused gummies with THC-free, broad-spectrum hemp extract.

**40% off**



PNW LOCAL

### VITANICA NUTRITIONAL SUPPLEMENTS

Save on a wide variety of women's specific nutritional support from local ND, Tori Hudson.

**30% off**



PNW LOCAL

### HOST DEFENSE LION'S MANE

Stock up with 25% off lion's mane formulas, including capsules, tinctures, and powders.

**25% off**



PNW LOCAL

### INCESSANTS BATH AND BODY CARE

Great local gifts for Mom, including bath salts, body butters, and perfume oils.

**30% off**



PNW LOCAL

### CAMAMU BODY CARE

Handmade soaps and shampoo bars made with natural and sustainable ingredients.

**30% off**



PNW LOCAL

### ACURE BODY CARE

Save 35% on select face and body care from ACURE.

**35% off**



### AURA CACIA AROMATHERAPY AND BODY CARE

Treat Mom and save with 30% off essential oils and bath soaks from Aura Cacia.

**30% off**



### SIMPLY TERA'S WHEY PROTEIN

Each serving packs 22 grams of easily digestible protein to fuel your day. Save on Chocolate, too! 12oz

**\$18.99 ea**  
**SAVE \$9ea**



### NOW FOODS PEPPERMINT SOFTGELS

Enteric-coated softgels combined with ginger and fennel for digestive support. 1oz

**\$12.99 ea**  
**SAVE \$5ea**



### MRM NUTRITION 5-HTP 50MG

Formulated to support relaxation and restful sleep. 30vc

**\$6.99 ea**  
**SAVE \$7ea**



## GROCERY

### HÄAGEN-DAZS ICE CREAM

Selected Varieties 14oz

**\$5.99 ea**  
**SAVE 20°ea**



### YASSO FROZEN GREEK YOGURT DESSERTS

Selected Varieties 6.84-14oz

**\$5.99 ea**  
**SAVE \$1ea**



### BRAZI BITES GLUTEN-FREE FROZEN WAFFLES

Assorted Varieties 6ct

**\$4.99 ea**  
**SAVE \$1ea**



PNW LOCAL

### BRAZI BITES GLUTEN-FREE FROZEN SNACKS

Assorted Varieties 10-11.5oz

**\$5.99 ea**  
**SAVE \$1.70ea**



### MILTON'S CAULIFLOWER CRUST PIZZA

Assorted Varieties 11oz

**\$10.99 ea**  
**SAVE \$3ea**



### RUDI'S ROCKY MOUNTAIN BAKERY TEXAS TOAST

Assorted Varieties 11.8-13.8oz

**\$7.99 ea**  
**SAVE UP TO \$2ea**



### YO EGG PLANT-BASED EGGS

Sunny Side Up or Poached. 7.2-7.9oz

**\$8.99 ea**  
**SAVE \$2ea**



### FEEL GOOD FOODS GLUTEN-FREE FROZEN FOODS

Assorted Varieties

**20% off**





## GROCERY

### TALENTI GELATO OR SORBETTO BARS

Selected  
Varieties  
6ct

**BUY 1 GET 1  
FREE**

**SAVE \$8.99 ON 2**



### SCHÄR GLUTEN-FREE SNACKS

Selected Varieties

**20%  
off**



### CATALINA CRUNCH SNACK MIX

Assorted  
Varieties  
6oz

**\$5<sup>99</sup>  
ea**

**SAVE \$2ea**



### CRUNCHMASTER CRACKERS

Selected Varieties  
4oz

**\$2<sup>99</sup>  
ea**



### CHICAS TORTILLA CHIPS

Assorted Varieties  
10-11oz

**\$3<sup>49</sup>  
ea**

**SAVE UP TO \$1.70ea**



### PIRATE'S BOOTY SNACKS

Selected  
Varieties  
4oz

**\$2<sup>99</sup>  
ea**



### SKINNYPOP POPCORN

Assorted Varieties  
4.4oz

**2 for \$7**

**SAVE \$2.49ea**



### NEW COAST FORAGING CO. CANNED NUTS

Assorted Varieties

**25%  
off**



### SOLELY DRIED FRUIT

Selected Varieties  
5.5-8oz

**\$6<sup>99</sup>  
ea**



### JACOBSEN SALT CO. CANDY

Assorted Varieties  
3oz

**\$5<sup>99</sup>  
ea**



**PNW  
LOCAL**

### BEQUET CARAMELS

Assorted Varieties  
3.6oz

**\$4<sup>99</sup>  
ea**

**SAVE \$1.40ea**



### NEW COAST FORAGING CO. ORGANIC TRUFFLES

Assorted Varieties  
7oz

**\$5<sup>99</sup>  
ea**

**SAVE \$2ea**



### LOCKER QUADRATINI WAFFER COOKIES

Assorted Varieties  
7.76-8.82oz

**\$4<sup>99</sup>  
ea**



### WALKER'S SHORTBREAD

Selected Varieties  
4.9-5.3oz

**\$3<sup>99</sup>  
ea**



### MOONSTRUCK CHOCOLATE CHOCOLATE BAR

Selected Varieties  
3oz

**\$3<sup>99</sup>  
ea**



**PNW  
LOCAL**

### TONY'S CHOCOLONELY CHOCOLATE BAR

Selected Varieties  
6.35oz

**2 for \$8**

**SAVE \$2.99ea**



## BULK

### LUNDBERG FAMILY FARMS RICE

Selected  
Varieties

**\$3<sup>99</sup>  
lb**

**EVERYDAY VALUE**



### HUMMINGBIRD WHOLESALE ORGANIC MEDJOO DATES

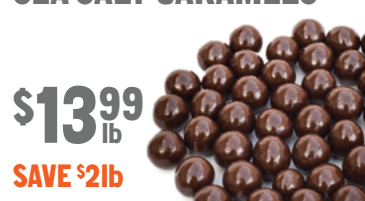


**\$8<sup>99</sup>  
lb**

**SAVE \$1lb**

**PNW  
LOCAL**

### MARICH CONFECTIONERY DARK CHOCOLATE SEA SALT CARAMELS



**\$13<sup>99</sup>  
lb**

**SAVE \$2lb**

### WATER AVENUE COFFEE COFFEE

Assorted Varieties

**\$14<sup>99</sup>  
lb**

**SAVE \$4lb**



**PNW  
LOCAL**

## GROCERY

### MARANATHA NUT BUTTER

Selected Varieties



**20%**  
off

### CROFTER'S ORGANIC FRUIT SPREAD

Assorted Varieties  
10oz



**\$4.49**  
ea  
**SAVE 70¢ea**

### KODIAK CAKES FLAPJACK CUPS AND INSTANT OATMEAL

Selected Varieties



**20%**  
off

### KODIAK CAKES BUTTERMILK FLAPJACK & WAFFLE MIX

Selected Varieties  
18-20oz



**\$6.99**  
ea  
**SAVE \$2ea**

### FILLO'S BEANS

Assorted Varieties  
10oz



**\$3.99**  
ea  
**SAVE 80¢ea**

### HATCH ENCHILADA SAUCE

Assorted Varieties  
15oz



**\$3.99**  
ea

### SIETE FOODS GRAIN-FREE PRODUCTS

Selected Varieties



**33%**  
off

### BONO ORGANIC SICILIAN EXTRA VIRGIN OLIVE OIL

Selected Varieties  
16.9oz



**\$19.99**  
ea  
**SAVE \$6ea**

### NUTPODS DAIRY-FREE CREAMERS

Selected Varieties  
11.2oz



**2 for \$7**  
**SAVE \$1.49ea**

### PLANET OAT OATMILK

Selected Varieties  
32oz



**2 for \$6**  
**SAVE \$1.69ea**

### PORTAL TEA COMPANY CHAI CONCENTRATE

Selected Varieties  
32oz

**PNW  
LOCAL**



**\$14.99**  
ea  
**SAVE \$4ea**

### CHAMBERLAIN COFFEE OATMILK LATTE

Assorted Varieties  
11oz



**2 for \$7**  
**SAVE 99¢ea**

### BIONATURAE ORGANIC JUICE NECTAR

Peach or Apricot.  
25.4oz



**\$4.99**  
ea  
**SAVE \$2ea**

### THE GINGER PEOPLE ORGANIC JUICE

Ginger or Turmeric.  
5oz



**\$4.99**  
ea  
**SAVE UP TO \$2ea**

### LIFE AID BEVERAGE CO. FUNCTIONAL BEVERAGE

Assorted Varieties  
12oz



**2 for \$5**  
**SAVE 99¢ea**

### ARDOR ORGANIC SPARKLING WATER

Assorted Varieties  
12oz



**2 for \$5**  
**SAVE \$1.19ea**

### SANPELLEGRINO SPARKLING NATURAL MINERAL WATER

25.3oz



**2 for \$5**  
**SAVE 49¢ea**

### Q MIXERS PREMIUM DRINK MIXERS

Selected Varieties  
4pk/7.5oz



**BUY 1 GET 1  
FREE**  
**SAVE \$5.99 ON 2**

## Go Coconuts!

Vita Coco coconut water is thirst-quenching and delicious. Each nutrient-packed batch is made with a commitment to regenerative agriculture and water stewardship. So it's good for you and the planet.



**VITA COCO  
COCONUT  
WATER**  
Assorted Varieties

**30%**  
off



## GROCERY

### NEW SEASONS ORGANIC ORANGE JUICE

Fresh-pressed by  
Columbia Gorge Organic  
in Hood River, OR.  
48oz

**\$8<sup>99</sup>**  
ea

**FEATURED**



### NUTPODS DAIRY-FREE CREAMERS

Selected Varieties  
25.4oz

**\$4<sup>99</sup>**  
ea

**SAVE \$1.50ea**



### NOUNÓS GREEK STRAINED YOGURT

Assorted Varieties  
5.3oz

**2 for \$5**

**SAVE 69¢ea**



### COCOJUNE DAIRY-FREE YOGURT

Assorted Varieties  
4oz

**2 for \$4**

**SAVE \$1.49ea**



### CALIFIA FARMS COLD BREW COFFEE AND LATTES

Selected Varieties  
48oz

**\$5<sup>99</sup>**  
ea

**SAVE UP TO \$1ea**



### BELGIAN BOYS PANCAKES OR CREPES

Assorted Varieties  
10.6-18.5oz

**\$6<sup>49</sup>**  
ea

**SAVE 50¢ea**



### CHOBANI LESS SUGAR GREEK YOGURT

Selected Varieties  
5.3oz

**3 for \$4**

**SAVE 26¢ea**



### FORAGER PROJECT ORGANIC CASHEWMILK YOGURT SMOOTHIE

Assorted Varieties  
28oz

**\$5<sup>99</sup>**  
ea

**SAVE \$2.40ea**



### MIYOKO'S CREAMERY ORGANIC VEGAN BUTTER

Selected Varieties  
8-12oz

**\$4<sup>99</sup>**  
ea

**SAVE \$1.20ea**



### ESSENTIAL EVERYDAY CREAM CHEESE

8oz

**\$2<sup>29</sup>**  
ea

**EVERYDAY VALUE**



### PETIT POT ORGANIC FRENCH DESSERT

Selected Varieties  
8oz

**\$4<sup>49</sup>**  
ea

**SAVE \$1.30ea**



### DRUMROLL GLUTEN-FREE DONUTS

Assorted Varieties  
2.6oz

**BUY 2 GET 1  
FREE**

**SAVE \$4.29 ON 3**



Available  
in-store only

### BRITT'S FERMENTED FOODS PICKLES

I.P.O or Spicy.  
32oz

**\$9<sup>99</sup>**  
ea

**SAVE \$2ea**



**PNW  
LOCAL**

### REMEDY ORGANICS PLANT-BASED DRINK

Assorted Varieties  
12oz

**2 for \$7**

**SAVE \$1.19ea**



### NAKED BREAD ORGANIC SANDWICH BREAD

Selected Varieties  
22.5oz

**\$3<sup>99</sup>**  
ea

**SAVE \$3.50ea**



**PNW  
LOCAL**

### SEATTLE INTERNATIONAL BAKING COMPANY BAGELS

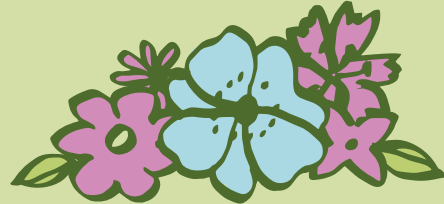
Assorted Varieties  
5ct

**\$3<sup>99</sup>**  
ea

**SAVE \$2.50ea**



**PNW  
LOCAL**



## Mother's Day, Delivered!

Rainbow roses, locally grown blooms, and  
exclusive New Seasons arrangements,  
delivered just in time for  
Mother's Day. Take your pick at  
[newseasonsmarket.com/floral-delivery](https://newseasonsmarket.com/floral-delivery)